American Legion Joseph Q. Johnson Post 96 PO Box 7096 Surprise, Arizona 85374-0101



October 2023

Newsletter No. 242

azalpost96.com

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The Surprise Post 96 Newsletter is the official publication of Joseph Q. Johnson Post 96					

IMPORTANT NOTICE!

NEXT Post business meeting 1800 October 26 at AZ Traditions Neighborhood Center 17225 N Citrus Rd., Surprise, AZ 85374 Post Officer's meeting 1600 Thursday October 4 at AZ Traditions Classroom Riders meeting 1700 Saturday October 7 at Surprise Chevrolet

Voiture 1154 Promenade is cancelled for October

Marty Schwab Memorial Breakfast 1000 Sunday October 15 NEW LOCATION Richi's Diner - 15609 W Bell Rd #100, Surprise, AZ 85374

Happy 248th Birthday to the US Navy on October 13

COMMANDERS CORNER



At the welcome home of the 100th Honor Flight I was approached by someone about flag etiquette. His question was about the placement of the POW/MIA flag. I told him it should be next to the American flag. He thankfully agreed and

mentioned that most people do not know this. I looked up the etiquette for displaying the POW/MIA flag and found this to be true. If you have a vertical flagpole, the POW/MIA flag can be displayed below the American flag. All government buildings should be doing this. If you do not have a vertical flag pole, you can display the POW/MIA flag next to the American flag. Of course, we must follow HOA rules if you have them.

September is filled with memorable dates concerning our Polar regions. Here are a few: September 19, 1903 - Venturing into the Arctic Abyss

The Ziegler Polar Expedition, led by Anthony Fiala, set sail on the America, embarking on a journey to explore the Arctic regions and reaching Franz Josef Land in 1904.

September 21, 1904 - Frederick Cook's Controversial North Pole Claim

American explorer Frederick Cook asserted that he had reached the North Pole on this day, a claim that remains a subject of debate among historians.

September 3, 1909 - A Triumph at the Top of the World

American explorer Robert Peary and his Inuit guide Matthew Henson laid claim to being the first to reach the North Pole.

September 13, 1929 - Maud Emerges from Arctic Ice

Roald Amundsen's vessel Maud trapped in the Arctic ice during his drift across the North Pole finally returned to Norwegian shores.

September 12, 1935 - A Submarine Plumbs the Arctic Depths

Australian explorer Sir Hubert Wilkins launched an audacious expedition, exploring the Arctic Ocean from beneath the ice with the submarine Nautilus.

September 26, 1957 - Crossing Antarctica's Vast Expanse

British explorer Vivian Fuchs and his team achieved the first successful overland crossing of Antarctica via the South Pole as part of the Commonwealth Trans-Antarctic Expedition. Special note: USS Glacier, with Ben Koether as Navigator, rescued Sir Vivian Fuchs expedition in 1960! 3+ years Ben visited Vivian at his home in England for his Birthday party

The last one was about the ship I had served on 10 plus years later.

For God and Country,

Mike Elliott, Legion Rider Post 96 Commander

FROM THE SR VICE-COMMANDER



Have you ever thought about this?



I found these thoughts posted on Facebook and thought they were worth passing along.

Have you ever thought about this?

In 100 years, (like in 2123) we will all be buried with our relatives and friends.

Strangers will live in our homes we fought so hard to build, and they will own everything we have today. All our possessions will be unknown and unborn, including the car we spent a fortune on, and will probably be scrapped, or preferably in the hands of an unknown collector. Our descendants won't or will hardly know who we were, nor will they remember anything about us. How many of us know our grandfather's father?

After we die, we will be remembered for a few more years, then we are just a portrait on someone's bookshelf, and a few years later our history, photos and deeds disappear in history's oblivion. We won't even be memories.

If we paused one day to analyze these questions, perhaps we would understand how ignorant and weak the dream to achieve it all was.

If we could only think about this, surely our approaches, our thoughts would change, we would be different people.

Always having more, no time for what's really valuable in this life. I'd change all this to live and enjoy the walks I've never taken, those hugs I didn't give, those kisses for our children and our loved ones, those jokes we didn't have time for. Those would certainly be the most beautiful moments to remember; after all, they would fill our lives with joy.

But we waste it day after day with greed, greed and intolerance.

Anon

Then a friend of mine responded.

Time has a way of slipping through our fingers



because we get so busy with everyday life that we don't realize what we're missing. A balanced life should be where we take care of the necessities and nurture our relationships.

Because before we know it; our kids grow up and have their own lives. We retire from that job we think is so important. Someday our husband or wife will pass away. Then as we look back and reflect on our lives, we realize we were so busy that we missed out on most of the good thing's life had to offer.

Then maybe we'll walk through the cemetery to visit our wife's grave; and as we walk past each tombstone, we'll read the captions; beloved wife, beloved husband, beloved father. All the things that people never said while they were still alive, because they were just too busy. And when my time comes to go to that final resting place, what will my relationship be to God; have I been so busy that I too allowed that time to slip away? John Thompson

When we are young most of us don't think about these things. We think we have forever and that we are invincible. But for most of us, we suddenly find we are old. Years, which when we were young seemed so long, we learn have flown away. Cherish the time you have with friends and loved ones. Spend time with them, tell, and show them how much you appreciate and love them. Legionnaire brothers and sisters as friends and fellow Veterans through your words and actions show each other we are important to each other. Support each other in good times and bad. Sympathize with and offer condolences to your brothers and sisters when they lose loved ones. Make "I've got your six" more than just a saying.

For God and Country, Arnold "Arnie" Kohl, 1st Vice Commander

FROM THE JR VICE-COMMANDER



Veggies for Vets!

I wrote about this in last month's newsletter but for any of you that may have missed it, there is another coming up in early November. It will be on

November 9 at the Phoenix 32^{nd} Street VA Clinic at 400 North 32^{nd} Street in Phoenix. They will begin handing out the veggie bags at 0900 and will continue to give them until they run out so get there early if you want one.

Don't forget to thank those who are handing them out as they are all volunteering their time. If there are any of our brothers and sisters that need the food and cannot get there, please give me a call at 602-299-5007. I may not be able to drive over there but I will make sure you have food.

For God and Country, Kelly Donlevy, 2nd Vice Commander

FROM THE FINANCE OFFICER AND JUDGE ADVOCATE



I had shoulder replacement surgery on 9/5 at the CORE Hospital and it went very well. I was keep overnight and went home. Stuck in a sling for a few weeks which is a pain but I gotta wear it!

About a year ago, I starting trying to get a scooter to get around. After several VA visits I finally was approved for a 4-wheel scooter that sits on a lift on the back of my car. The VA called and they are coming the week of 9/12 to install the lift.

The thing adds 3 feet to the length of a vehicle. With my arm messed up, I could not move stuff around in my junk filled garage to make the room. I put out a call for help and my Legion Friends came through. On Saturday, 9/16, **Mike Elliott, Arnie Kohl, Tom Frizzell, Eddie Jenness and Tom Ro**ark came over and in less than an hour rearranged my garage so the scooter on my car will fit. Thank you guys Very Much for your help. **If you have a problem like this, be sure and let the Post and Riders know, they are here to help.**

At the October 24 business meeting, I will present a new version of our Post by-laws. One item is to change Sr. & Jr. Vice Commander to 1^{st} & 2^{nd} Vice Commander. We have started to use those designations.

Semper Fi!

George Van de Langeryt Finance Officer & Judge Advocate Past Commander & Legion Rider AZ Veterans Hall of Fame – Class of 2018

FROM THE CHAPLAIN



Heavenly and Blessed Father, I welcome the new month of October with great expectation and hope. How great and amazing is my Heavenly Father! Thank You, Lord, for Your many answered

prayers.

Amen.

For God and Country, Chaplain Joe Urshan

SICK CALL

Karen Van de Langeryt, had surgery on her left thumb to remove a small bone. This is the only joint in the body they can surgically repair arthritis. Karen is in a cast and sling for a few weeks but she should make a full recovery.

Mel Behnen (DAV) is in a Veterans Home and would love to get cards or letters from anyone. He is in his 90,s and lights up every time some writes him. Address is:

MN Veteran's Home, Room 193 5101 Minnehaha Avenue Minneapolis, MN 55417

Please write to him and just say hello!

One of our members, Ed Foerster, has moved into a nursing home. He would love to hear from any of his old friends and make new ones. He is a founder of Post 96 and has held every position possible. He is a silver brigade holder for recruiting over 50 members in one year. Please call or write Ed and say Hi!

His room phone is 619-460-2330, he has a cell but prefers calls on his room phone. Ed does not do texts or email.

Please inform Chaplain Joe if you or your family are having medical problems. The Post will pray for you.

POST EVERLASTING

No reports

FROM THE FUND RAISING CHAIRMAN



Time to break out the winter coats! The temperature has finally dropped below 100*. Autumn is my favorite time of year when we can wear sweaters and jeans and take a hike in the White Tanks without sweating our butts off. My daughter and I

are planning a family trip up north to take my granddaughter to find a big pile of colorful leaves to jump in, find some pretty ones for crafts, and drink some hot chocolate.

Have y'all thought about what you might want to do? If you haven't, I have a few ideas for you...

The 62nd Annual Greek Festival October 6-8 at Holy Trinity Greek Orthodox Cathedral, 1973 E Maryland Ave in Phoenix.

Four Peaks Oktoberfest October 13-15 at Tempe Town Lake.

Arizona Jazz Fest October 20-22 on High Street...go to WWW.AZJAZZFEST.COM or call 602-244-8444.

Phoenix Fashion Week October 20-21 at Chateau Luxe, 1175 East Lone Cactus Dr. Phoenix. Just google phoenixfashionweek.com.

Spooktacular Hot Air Balloon Festival October 27-29 at Salt River Fields at Talking Stick, 7555 N Pima Rd, Scottsdale.

Kierland Fine Art & Wine Festival October 28-29 at Kierland Commons, 15205 N. Kierland Blvd, Scottsdale.

Laughter at the Lake White Party at Hidden Lake in Buckeye. Overnight camping is an option!

Arizona Cardinals vs Baltimore Ravens on October 29 at State Farm Stadium in Glendale.

You can google any of these and they will pop right up giving you times, locations, and costs. Time to get out and enjoy a little bit cooler weather and some fresh air!

For God and Country, Kelly Donlevy, Fundraising Chair

MEMBERSHIP REPORT

As of August 30, we have 35 pay the post, 26 pay online and 36 PUFL's. Total is 97. Our goal is 183 so we have 53.01% paid! Keep those cards and letters coming; don't forget your \$40 check.

Have you moved, changed your phone number or email address? If so, please contact Mike or

George. Give us the new information and we will update the records so you will continue to get your Legion Magazine and the Post Newsletter mailed or emailed to the proper address.

Mike & George

Voiture Locale 1154 Report



Interested in the 40&8? Please talk to any of our members in Post 96.

Nancie Scalercio, Past Commander

Voiture Locale 1154 Fundraising Coordinator

American Legion Riders Report



The American Legion Riders Post 96 are going all in on one of our biggest fundraisers of the year. The Marty Schwab Memorial Spaghetti Dinner

October 21 at Happy Trails Performing Arts Center 5:00-8:00 pm.

Marty was an inspiration to all of us and he was a one-man fundraiser whenever he volunteered to solicit donations for great Veteran causes. Join us with our Special Guests, the Schwab Family. See the flyer for details and get your tickets early. Riders will be at your post meeting for your convenience for pre-dinner discount tickets.

Let's honor Marty and help as many Veterans as we can in his honor. Dinner, dessert, door prizes, raffles, 50/50 raffle and great company.

Thank you in advance for your support and see you October 21.

Eddie Jenness, ALR Director

October Calendar

Wednesday October 4 – 0900-1000 - Veterans Coffee Hour at Surprise Funeral Care, 16063 W Bell Rd, Surprise, AZ. Every 1^{st} Wednesday of each month, Veterans are invited to a free coffee hour, compliments of Dignity Memorial.

Wednesday October 4 – Senior Day at Fry's, Bashas' and Albertsons. 10% discount on your groceries.

Thursday October 5 – 1600 Post 96 Officer's Meeting at the Classroom in AZ Traditions.

Thursday October 5 – 1000 American Legion Post 94, in Sun City West, meets 1st Thursday, of each month. Sun City West Foundation Building at 14465 RH Johnson Blvd, Sun City West, AZ. No Zoom connection.

Saturday October 7 – 1700 American Legion Riders Chapter 96 meeting at Surprise Chevrolet.

Saturday October 7 – 1000 40&8 Hassayampa Voiture 1154 Promenade is cancelled for October. Next Promenade will be November 4 at the home of Nancie Scalercio.

Tuesday October 10 – 0900-1000 Veteran's Coffee Hour at Sunland Memorial Park. All vets and friends are invited for coffee and nibbles. Second Tuesday every month. In the Chapel building at 15826 N Del Webb Blvd, Sun City, AZ 85351.

Tuesday October 13 – HAPPY BIRTHDAY TO THE UNITED STATES NAVY! 248 YEARS! GO NAVY!

October 14, 1962: Cuban Missile Crisis: An American U-2 spy plane piloted by Major Richard Heyser making a high-altitude pass over Cuba and photographed a Soviet SS-4 medium-range ballistic missile being assembled for installation on October 14, 1962. President Kennedy was briefed about the situation on October 16.

President Kennedy did not want the Soviet Union and Cuba to know that he had discovered the missiles. He met in secret with his advisors for several days to discuss the problem.

After many long and difficult meetings, Kennedy decided to place a naval blockade, or a ring of ships, around Cuba. The aim of this "quarantine," as he called it was to prevent the Soviets from bringing in more military supplies. He demanded the removal of the missiles already there and the destruction of the sites. On October 22, President Kennedy spoke to the nation about the crisis in a televised address.

No one was sure how Soviet leader Nikita Khrushchev would respond to the naval blockade and US demands. But the leaders of both superpowers recognized the devastating possibility of a nuclear war and publicly agreed to a deal in which the Soviets would dismantle the weapon sites in exchange for a pledge from the United States not to invade Cuba. In a separate deal, which remained secret for more than twenty-five years, the United States also agreed to remove its nuclear missiles from Turkey. On October 28, the Soviets removed their missiles from Cuba, they escalated the building of their military arsenal; the 13-day missile crisis was over, the arms race was not.

Sunday October 15 - 1000 Marty Schwab Memorial Breakfast at Richi's Diner, Bell & Reems. All veterans and family are invited to this informal gathering.

Saturday October 21 – 0900 NWVVA meeting Sunland Memorial Park.

Saturday October 21 – 1700 -2000 ALR 96 Annual Marty Schwab Memorial Spaghetti Dinner at Happy Trails. See Flyer.

Thursday October 26 – 1800 Social Hour, 1900 Business Meeting. American Legion Post 96 meeting is at the AZ Traditions Neighborhood Center. Come for the raffle prizes! Bring a guest. **Tuesday October 31 – Halloween!** Watch out for ghosts and goblins!

SAVE THE DATE

Tuesday November 7 - 0700-1100, Post 94 Pancake Breakfast. See flyer. Don't miss this event! Great food and great service.

Up Coming District 11 Meetings

All Meetings on Sunday with Training at 1300 and General Meeting at 1400

Nov. 19, 2023: Kellis – Draper Post 12 176 N. Frontier St., Wickenburg, AZ 85390

Jan. 14, 2024: John J. Morris Post 62 9847 W. Desert Cove Ave., Peoria, AZ 85345

Mar. 10, 2024: Hazelton – Butler Post 53 402 E. Narramore Ave., Buckeye, AZ 85326

Remarks: Officer Nominations

May 19, 2024: Earl E. Mitchell Post 29 6822 N. 57th Dr., Glendale, AZ 85301

Remarks: Officer Elections and installations





FROM THE EDITOR

Please help us find new businesses or individuals to advertise in our newsletter. It is only \$5 (\$60/year) and we give Legion Members a 20% discount.

George Van de Langeryt Past Commander & Newsletter Editor

VA will not restart health records overhaul until next summer, if at all

By Leo Shane III Federal Times

Veterans Affairs officials aren't planning to restart deployment of its new electronic health records system until at least next summer, but lawmakers are warning even that may be too optimistic, given continued software problems.

Leaders from the House and Senate are negotiating legislation that would mandate stricter oversight plus performance benchmarks for the embattled \$10-billion medical records project, which remains stalled due to reliability and usability issues.

"It's simple: this project has to deliver results, or end," House Veterans' Affairs Committee Chairman Mike Bost, R-III., lectured VA officials at congressional hearing on Thursday. "It cannot be allowed to stumble along and spend money forever."

It was the second fractious hearing this week on the 10year records overhaul project. VA leaders heard similar warnings Wednesday from House Appropriations Committee members who are frustrated that not a single site is using the new software successfully.

Several sites were scheduled to begin using the new software later this year, but department leaders have now completely scrapped that timeline.

VA program planners halted all deployments last April of the reportedly bug-ridden Millennium records system, which is administered by Oracle Cerner. The project was announced by President Donald Trump in 2017, but only five VA medical sites have installed it, and all report numerous problems with tracking patients' care history.

VA administrators told Congress at the Wednesday hearing that they hope to deploy the system to new sites sometime in summer 2024 and expressed optimism that the records overhaul project can get back on track.

Dr. Neil Evans, acting program director for VA's records project, said they are working to simplify and streamline the system to better respond to staff and veteran needs.

Oracle Cerner Executive Vice President Mike Sicilia called the program difficulties thus far "unacceptable and frankly embarrassing" but also told lawmakers he is confident the past rollout errors can be corrected.

Witnesses at Thursday's hearing were more skeptical.

"The majority of staff are still frustrated at the amount of time that things take to process or file," said Scott Kelter, director of the VA Medical Center in Walla Walla, Washington, one of the few sites using the Millennium records system. "Right now, it's still double or triple what it used to be."

Most lawmakers on the appropriations committee voiced reluctant support for moving ahead with the Oracle Center software.

"We have spent too many billions of dollars for this to fail," said Rep. John Carter, R-Texas.

But several Republicans on the veterans committee predicted the project's demise.

"Five years out and we're still having to bring people in to basically rebuild the system," said Rep. Greg Murphy, R-N.C. "That's not what a new electronic medical record is supposed to be. It's absolutely inexcusable. There are other systems out there that are much better and could well translate to the needs of veterans and VA."

In lieu of clear congressional consensus on whether the project should be abandoned, both Bost and committee ranking member Rep. Mark Takano, D-Calif., said they are working with Senate counterparts to find ways for Congress to put new checks on the project before billions more in taxpayer funds are spent.

Takano said that a modern health records system is a necessity for VA, which is currently using the 45-year-old VistA system — the Veterans Health Information Systems and Technology Architecture — at most sites. But he also said that given the past problems with deployment, "we need new legislative action to force some of the structural and accountability measures that are necessary to get this program on track."

Bost said that will include assurances that the few sites using the software already "have been made whole" before additional medical centers are added. Lawmakers did not offer any timeline for when legislation may be voted on in the House or Senate.

VA officials are requesting almost \$2 billion in funding for the ongoing electronic health records project in fiscal 2024, but Congress has yet to finalize that budget request.



Surprise Community Legend Awards

Surprise Community Legend Awards Program is an opportunity to honor those in our City whose efforts are making a positive impact on the community. The City of Surprise Veterans, Disability & Human Services (VDHS) Commission created this program to celebrate the actions of individuals and groups, showcasing how people are making a difference in Surprise.

Award recipients are formally recognized at the City's Annual Interfaith & Golden Rule Community Banquet. Steffen Hanzel, Chairman of the Commission, made the awards.

2023 Community Legend Award Winners

Individual Legend

George Van de Langeryt is a local Veteran who has been active in Surprise, tirelessly supporting Veterans and their causes for more than 15 years.

Volunteer of the Year

Larry Castro dedicates his time to Surprise's Day of Service program and Senior Center.

Organization of the Year

Benevilla has provided a tremendous positive impact to the lives of Surprise residents for more than 40 years.

Karen and I thank the Legion and Rider members who attended the Award Ceremony. It is thanks to your and many other veterans who have worked with me over the years that I was chosen for this award. THANK YOU!

I thank my wonderful wife Karen, for all her support over the years. She goes everywhere with me, meetings, events, conventions and a lot of other boring places. Thank you my Love!



The American Legion District 11 Extravaganza

CenterWell

Oct 7th

10-2 pm

Post 29 6822 N 57th Dr, Glendale, AZ 85301



Join us for a Celebration!

Guest Speakers include Glendale City Mayer Weiers, VA Director of Services Allmond, State Vice Commander of Central Arizona Bobbie Kimelton * VFW Commander Schaeffler * Car & Bike Show * Prizes for Post Membership Attendance Challenge & Chili Cook-Off * Blood Drive * Kids Truck * Raffles * Food Vendors & Merchants * Motorcycle Raffle for MANA House - Much, Much More for the Family!

Help Support Veteran Suicide Awareness and Prevention and Veteran Homelessness

An email to the members of Post 96

Good morning,

My name is Simon Hill, Hospice of the West Volunteer Coordinator. I wanted to share some exciting volunteer opportunities for your American Legion.

Hospice of the West was founded in 2010 by a father and son who wanted to provide the same level of hospice care they would provide for their family to the community. The focus has been and continues to be doing what is always right for the patient, ensuring Medicare compliance, and providing a level of care that is above par. Through hard work and dedication, Hospice of the West grew rapidly, and in 2020, the organization was acquired by a national hospice organization known as Care Hospice. Through this acquisition, their high standard of care remains, but it also has allowed Hospice of the West to grow and serve the greater Arizona community.

Hospice of the West also prides itself on being a Level 5 We Honor Veteran hospice organization. Through the support of We Honor Veterans, Hospice of the West continues to meet the unique needs of America's veterans and their families. We believe in and practice respectful inquiry, compassionate listening and grateful acknowledgement so that everyone is guided towards a more peaceful ending. With the focus on doing what is right for the patient and veteran care, Hospice of the West is looking for a wide range of volunteer opportunities fitting for veterans and their families. Each opportunity presented will have different requirements and levels of engagement.

Veteran Pinning

Here at Hospice of the West, we are honored and privileged to have the opportunity to conduct pinning ceremonies. This is an opportunity for Hospice of the West to not only acknowledge the sacrifice of the veteran patients, but their families, friends, and loved ones. We host pinning ceremonies in different formats. The first would be on specific holidays, for example, Veteran's Day. This is an opportunity for Hospice of the West to acknowledge, on a larger scale, the sacrifice given. For the patients, families, friends or loved ones that may not be on our service during a time of a large pinning event, or that may not live in an area where a large pinning event is happening, we will host a bedside pinning event. While a certificate and pin provided by a civilian may seem special, it does not hold the significance if being received from a fellow Veteran or Active-Duty individual.

We are looking for individuals that can help support these events through several opportunities.

- Presenting certificate/pin
- Emcee
- Singing of National Anthem
- General Presence

No training is needed for this opportunity.

Vet-Vet Café

Our vet-vet café is an opportunity for any individual in the community that identifies as a Veteran to come together and offer support to one another. We so commonly hear that once an individual returns from service and is back in civilian life, there is a sense of loss on so many levels. We want to better support the community and address this need. Traditionally, vet-vet cafés are held in skilled nursing facilities where there may be a high number of Veteran individuals. These individuals tend to have an already established relationship with one another, so having more of a community support would be ideal.

We have several different opportunities to be involved:

- A facility willing to host a space on a set schedule each month
- i.e. first Thursday at 1:00 pm every month
- A host for the vet-vet café
- Attending an established vet-vet café

We do not require training on this opportunity but will offer support for however long the volunteer feels they may need.

Direct Patient Care

We have a firm belief that no individual should die alone. This is a challenge that many older Americans face but is a significant problem in Arizona. We experience many individuals that may not have family or friends locally because they may spend their winters in Arizona but are from the Midwest or a colder part of the nation. This is truly a wonderful way for individuals to make an impact one on one with a patient.

The opportunities include but are not limited to:

- Conversation
- Reading
- Playing games
- Gift of presence
- Certified Pet Therapists
- Music Enrichment
- 11th Hour

• This is a truly special opportunity where we will call in individuals to sit with someone during their final hour of life. These may be for individuals that may not have a friend or family locally, or the loved ones in their life may request additional support.

For Direct Patient Care, we do have an intensive onboarding process. We require:

- Drug Screening
- Background Check
- TB Test
- All three screenings are financially covered by Hospice of the West
- 9 online modules
- Total 11.5 training
- In-person Orientation and Welcome
- 1-2 hour(s)
- First patient visit with Volunteer Coordinator

I look forward in hearing from you and building this relationship.

Warmest Regards,

Simon A. Hill

Volunteer Coordinator 21410 N. 19th Ave., Suite 100 Phoenix AZ, 85027 Office 602.343.6422 Direct: 520-503-5142 Fax 602.343.6297



Hospice of the West is a We Honor Veterans Campaign Partner. We are Hospice Professionals on a Mission to Serve.

Important Warning: This e-mail message, including any attachment(s), was intended for the exclusive use of the person or entity to whom or which it was addressed. It may contain Protected Health Information (PHI) concerning an individual that is HIGHLY CONFIDENTIAL. It is to be used only to aid in providing specific health care services to

this patient, and any other use is a violation of Federal Law (HIPAA - Health Insurance Portability and Accountability Act) and will be reported as such. If you are not the intended recipient of this e-mail, you are hereby notified that any dissemination, distribution or copying of this e-mail is strictly prohibited. If you receive this e-mail in error, please notify Hospice of the West immediately. After giving notice to Hospice of the West, please delete this e-mail.





THE AMERICAN LEGION **MARY ELLEN PIOTROWSKI POST 94**

FALL PANCAKE BREAKFAST **FUNDRAISER**

Tuesday, November 7, 2023: 0700 - 1100

ALL YOU CAN EAT!!!!!

ADVANCE PURCHASE TICKETS \$6









Sugar-Free Syrup Available

SUN CITY WEST FOUNDATION BUILDING 14465 R. H. JOHNSON BOULEVARD (CORNER OF R. H. JOHNSON BLVD and STARDUST BLVD)

For information and advance tickets, Adjutant Jim Heller at 623-975-4300 or any Post 94 Legionnaire.

All proceeds support American Legion Programs for Veterans Affairs and Rehabilitation, Americanism, and Children and Youth in Arizona.

ART WORKSHOPS FOR OUR VETERANS

WHAM Art Association offers a FREE art program for veterans of all ages. Each 4-hour session is taught by professional artists and include drawing, painting, and other art mediums. No experience necessary! Supplies and a light lunch provided. Please bring your military ID to your first class.

SECOND MONDAYS & FOURTH THURSDAYS 10 AM TO 2 PM WHAM ART CENTER 16560 N Dysart Rd, Surprise, AZ 85378

2023

AUG 14 & 24 / SEPT 11 & 28 / OCT 9 & 26 NOV 13 & 20 / DEC 11 & 28

2024

JAN 8 & 25 / FEB 12 & 22 / MAR 11 & 28 APR 8 & 25 / MAY 13 & 23 / JUN 10 & 27 JUL 8 & 25 / AUG 12 & 22 / SEP 9 & 12 OCT 14 & 24 / NOV 11 & 28 / DEC 9 & 26

> THIRD MONDAYS 10 AM TO 2PM LOMA LINDA COMMUNITY CENTER 420 E Loma Linda Blvd Goodyear, AZ 85338 2023

SEP 18 / OCT 16 / NOV 20 2024

JAN 15/FEB 19/MAR 18



DESERT DIAMOND

Reserve your place! 623-584-8311



What's Happen'n Art Movement

WHAM-ART.ORG

OUR VETERANS DON'T FIND US: WE FIND THEM!..

MEDICATIONS AND OFFICE MEETINGS ARE NOT ALWAYS THE ANSWER

There is an ever-increasing community of Veterans who want nothing to do with ANY sort of clinical setting, and are sick of taking endless medications. So where are they supposed to turn for help?



Alternative therapies such as art, equestrian, aviation, and rowing are growing in popularity, AND are showing amazing results.

Keep Reading

organization. EIN: 87-1324436

exempt

is a 501(c)(3) tax

(dba My 22 Veterans)

Inc.

22.

JR My

143

OUR SERVICE

Unless a Veteran walks through a door, visits a website, or picks up the phone, NOTHING is being done to reach those in the most need.

My 22 Veterans is the answer to that!



PROACTIVE OUTREACH

We actively seek out Veterans to support through digital and boots-on-ground strategies. (Like you getting this card!)

BASIC NEEDS SUPPORT

Covering a bill, a night in a hotel, getting groceries, fixing a car - these are things we all need help with from time to time and can make a world of difference.

ALTERNATIVE THERAPIES

Hospital settings, outpatient clinics, and endless medications are NOT always the answer. We partner with promising alternative programs to reduce Veteran Suicide.

@MY22VETERANS_





American Legion Joseph Q. Johnson Post 96, Inc. PO Box 7096 Surprise, Arizona 85374-0101





Forwarding Service Requested – October



Have you signed up a *NEW* member for 2024?